



Benefit News

August 2018



Biometric Screenings & Flu Shots

Return This Fall

FREE biometric screenings and flu shots will be available for anyone age 18 & over on the active U-46 health plan.



Registration is required and will start in September. A link and customer service telephone number will be sent once registration is open. Dates and locations are listed and below:

- Thursday, October 4th – Educational Service Center
- Friday, October 5th – Abbott Middle School
- Saturday, October 6th – Streamwood High School
- Friday, October 12th – Elgin High School
- Saturday, October 13th – Elgin High School
- Tuesday, October 16th – Eastview Middle School
- Thursday, October 18th – Ellis Middle School
- Friday, October 19th – Canton Middle School
- Saturday, October 20th – Bartlett High School
- Tuesday, October 23rd – Kenyon Woods Middle School
- Saturday, October 27th – South Elgin High School
- Tuesday, October 30th – Larsen Middle School
- Wednesday, October 31st – South Elgin High School
- Thursday, November 1st – Tefft Middle School
- Friday, November 2nd – Larkin High School
- Saturday, November 3rd – Larkin High School

Biometric screenings provided by Quest will consist of a full blood draw and require at least 9 hours of fasting. Participants receive a detailed report within 2-3 weeks after the screening. There is no charge for the screenings or flu shots, but participants must bring their UHC ID card to their appointment. A lab option for a screening at a Quest lab location will also be offered for those who cannot attend an onsite screening. Details will be available on the registration link, which will be shared by September 1st.

*** No credit will be awarded in Rally for biometric screenings in 2018, although this will be changing in 2019.

UHC Onsite Customer Service

United Healthcare strives to provide excellent customer service. A representative from UHC is available to meet with employees on a monthly basis in Human Resources. Email Benefits@U-46.org for an appointment on Thursday, 9/20 or 10/25, 2-4 p.m.

Don't Miss the 2018 Wellness Incentive

All participants in the U-46 health plan can earn **\$260** for completing certain wellness activities by 12/31/18. Earn an **additional \$260** for your spouse's completed activities. All activities are tracked under the Rewards tab in UHC's Rally health and wellness portal. Register first for www.myuhc.com and then link to Rally. Spouses must register for their own separate account with their own unique email address. Participants must complete a variety of activities based on age and gender to reach 100% completion in Rally by 12/31/18. Don't leave money on the table – get started today!

Open Enrollment for 2019 Benefits

November 1st - 15th

ALL employees who are eligible for health insurance coverage (even new hires!) must participate in Open Enrollment for 2019 in Munis Self Service from November 1st-15th. Changes made during Open Enrollment will be effective on January 1, 2019. Alex, our virtual benefits counselor, will be available by mid-October to help you make sense of your options.

Information and rates will be sent to your building site and via email in late October. This is an ACTIVE ENROLLMENT – all eligible participants must log-in to Munis Self Service to make their choices between November 1st – 15th. Those who do not enroll or decline coverage, will be automatically enrolled in the Silver HDHP medical plan and Dental, both at the single coverage level.

Save Time and Money with Virtual Visits

When you're sick and need care quickly, a Virtual Visit allows you to see and talk to a doctor via mobile device or computer – 24/7, no appointment needed. The doctor can give you a diagnosis and prescription, if needed, for minor medical needs such as cold, flu, sore throat, pinkeye, rash, urinary tract infection, and more. Visits are covered under your UHC health plan, often for less than a visit to an urgent care center or your doctor.

Login to the Health4Me app on your mobile device or visit www.myuhc.com and click on the link "See a Doctor Anytime" on the home page. Learn more in this short [video](#).



perkspot Deals and Discounts

Do you like getting a good deal? Register for [Perkspot](#) and get discounts as an employee of School District U-46. Discover perks on local merchants, cellular phones and service, grocery, restaurants, movie tickets, electronics, travel and more.